Agenda: CIBHS Virtual Trauma-Focused Cognitive Behavioral Therapy Training, Part 1

AGENDA

Trainers:
Cindy Rollo, LCSW-C
Alison Hendricks, LCSW

Date: February 22, 2021

Time: 9:00am-12:30pm

- 9:00-9:45 Introductions, Overview of Trauma
- 9:45-10:45 Overview of TF-CBT
- 10:45-11:00 Break
- 11:00-11:45 Screening and Assessment in TF-CBT
- 11:45-12:25 Telehealth Considerations and Engagement
- 12:25-12:30 Questions

Agenda: CIBHS Virtual Trauma-Focused Cognitive Behavioral Therapy Training, Part 2

AGENDA

Trainers:
Cindy Rollo, LCSW-C
Alison Hendricks, LCSW

Date: February 24, 2021

Time: 9:00am-12:30pm

- 9:00-9:40 Psychoeducation
- 9:40-10:15 Parenting Skills
- 10:15-10:45 Relaxation
- 10:45-11:00 Break
- 11:00-11:45 Affective Expression and Modulation
- 11:45-12:25 Cognitive Coping and Processing
- 12:25-12:30 Questions

Agenda: CIBHS Virtual Trauma-Focused Cognitive Behavioral Therapy Training, Part 3

AGENDA

Trainers:
Cindy Rollo, LCSW-C
Alison Hendricks, LCSW

Date: March 1, 2021

Time: 9:00am-12:30pm

- 9:00-10:30 Trauma Narration
- 10:30-10:45 Break
- 10:45-12:15 Cognitive Processing of the Trauma(s)
- 12:15-12:30 Questions

Agenda: CIBHS Virtual Trauma-Focused Cognitive Behavioral Therapy Training, Part 4

AGENDA

Trainers:
Cindy Rollo, LCSW-C
Alison Hendricks, LCSW

Date: March 2, 2021

Time: 9:00am-12:30pm

- 9:00-9:45 *In Vivo* Mastery of Trauma Reminders
- 9:45-10:30 Conjoint Child-Parent Sessions
- 10:30-10:45 Break
- 10:45-11:30 Enhancing Future Safety and Development
- 11:30-12:15 Secondary Trauma and Self-Care
- 12:15-12:30 Wrap Up and Questions